



TSOB HOMEWORK

EPISODE .02: THE SEX ED OF LIBERATED PARENTING

In the sex ed world we often talk about the sex ed experiences young people get in the present, and even what we might have gotten; however, have you ever thought back to the type of sex ed your parents' generation got when they were young? Use the space below to reflect and imagine what kind of sex education your parents got-- considering not just the time period, but how their various identities and communities might have affected how those conversations occurred (or didn't occur? NOTE: if you're REALLY feeling brave, ask them directly!)?

A large, empty yellow rectangular box intended for the user to write their reflections and answers to the questions above.

Now, instead of thinking about what you wish someone would have told you when you were younger, challenge yourself to go back even further, and place yourself in the shoes of your PARENTS' parents. This may take a little more effort in that it requires you to consider a time period that you may not be that familiar with; however, once you go back there, imagine what you might have said or done as the parent of your parents to help *them* navigate the challenges *their* generation faced in understanding sex and sexuality. After that, imagine what skills, if any, from that experience could be transferred to the present, in terms of how you speak with young people today .

(REMEMBER: While much may be different between generations, qualities like empathy and good listening are timeless and can go a long way!).

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